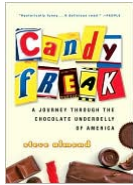


Non-Fiction for the 20 Something Set



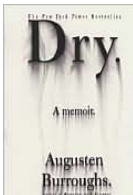
Almond, Steve. Candyfreak: A Journey through the Chocolate Underbelly of America.

After confessing to being a lifelong chocoholic, the aptly named Almond traces the history and bittersweet business practices of the companies producing those addictive candy bars.



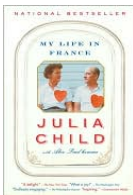
Bourdain, Anthony. Kitchen Confidential. Adventures in the Culinary Underbelly

Delectable shocking banquet that lays out his 25 years of sex, drugs, and haute cuisine.



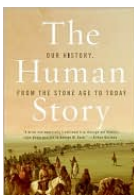
Burroughs, Augusten. Dry. A Memoir.

Dry is the story of love, loss, and Starbucks as a higher power.



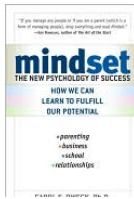
Child, Julia. My Life in France.

Julia Child singlehandedly created a new approach to American cuisine with her cookbook *Mastering the Art of French Cooking* and her television show *The French Chef*, but as she reveals in this bestselling memoir, she was not always a master chef.



Davis, James. The Human Story.

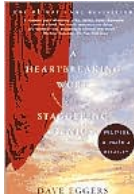
In *The Human Story*, James C. Davis takes us on a journey to ancient times, telling how peoples of the world settled down and founded cities, conquered neighbors, and established religions, and continued over the course of history, when they fought two nearly global wars and journeyed into space.



Dweck, Carol.

Mindset. The New Psychology of Success.

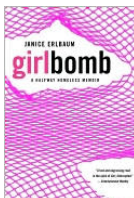
With the right mindset, we can motivate our kids and help them to raise their grades, as well as reach our own goals—personal and professional. Dweck reveals what all great parents, teachers, CEOs, and athletes already know: how a simple idea about the brain can create a love of learning and a resilience that is the basis of great accomplishment in every area.



Eggers, Dave.

A Heartbreaking Work of Staggering Genius.

Dave Eggers' memoir of bringing up his younger brother after his parent's death, has been shortlisted for the Guardian First Book Award, which aims to recognise and reward new writing across fiction and non-fiction.



Erlbaum, Janice.

Girlbomb: A Halfway Homeless Memoir.

A wry, mesmerizing portrait of being underprivileged, underage, and underdressed in 1980s New York City. *Girlbomb* provides an unflinching look at street life, survival sex, female friendships, and first loves.



Ghahramani, Zarah.

My Life as a Traitor.

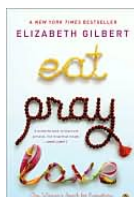
A richly textured memoir that celebrates a triumph of the individual over the state, *My Life as a Traitor* is an affecting addition to the literature of struggle and dissent.



Gilbert, Daniel.

Stumbling on Happiness.

A smart and funny book by a prominent Harvard psychologist, which uses groundbreaking research and (often hilarious) anecdotes to show us why we're so lousy at predicting what will make us happy – and what we can do about it.



Gilbert, Elizabeth.

Eat, Pray, Love. One Woman's Search for Everything Across Italy, India and Indonesia.

An irresistible, candid, and eloquent account of her pursuit of worldly pleasure and spiritual devotion.



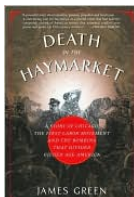
Gladwell, Malcolm. Blink: The Power of Thinking Without Thinking.

Blink is a book about how we think without thinking, about choices that seem to be made in an instant-in the blink of an eye- that actually aren't as simple as they seem.



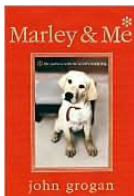
Goldhammer, Catherine. Still Life with Chickens: Starting Over in a House by the Sea.

A memoir of a woman who awakens at midlife to find wisdom in a most unlikely place.



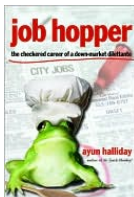
Green, James. Death in the Haymarket. A story of Chicago, the First Labor Movement, and the Bombing that Divided Gilded Age America.

On May 4, 1886, a bomb exploded at a Chicago labor rally, wounding dozens of policemen, seven of whom eventually died. Coming in the midst of the largest national strike Americans had ever seen, the bombing created mass hysteria and led to a sensational trial, which culminated in four controversial executions. The trial seized headlines across the country, created the nation's first red scare and dealt a blow to the labor movement from which it would take decades to recover.



Grogan, John. Marley & Me.

The heartwarming and unforgettable story of a family in the making and the wondrously neurotic dog who taught them what really matters in life.



Halliday, Ayun. Job Hopper: The Checkered Career of a Down-Market Dilettante.

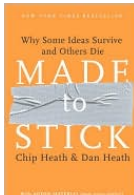
If it's true that the average worker will hold an average of seven jobs over the course of a lifetime, Ayun Halliday is anything but average.



Hassler, Christine.

20 Something 20 Everything : A Quarter-life Woman's Guide to Balance and Direction.

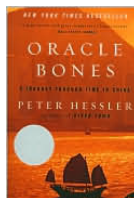
Are you wrestling with a sense that you haven't done enough? Or you've done it all and don't know what's next? If you have ever wondered why you are not enjoying the best years of your life, and why you are still mired in confusion about the choices you have made or need to make, this book is for you.



Heath, Chip.

Made to Stick: Why Some Ideas Survive and Others Die.

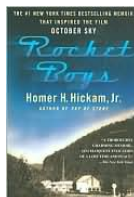
Why do some ideas thrive while others die? And how do we improve the chances of worthy ideas? Accomplished educators and idea collectors Chip and Dan Heath tackle head-on these vexing questions.



Hessler, Peter.

Oracle Bones: A Journey Through Time in China.

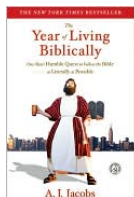
Peter Hessler explores the human side of China's transformation, viewing modern-day China and its growing links to the Western world through the lives of a handful of ordinary people.



Hickam, Homer.

Rocket Boys: A Memoir.

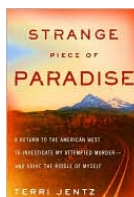
A powerful, luminous story of coming of age at the dawn of the 1960s, of a mother's love and a father's fears, of a group of young men who dreamed of launching rockets into outer space...and who made those dreams come true.



Jacobs, A. J.

The Year of Living Biblically. One Man's Humble Quest to Follow the Bible as Literally as Possible.

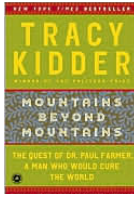
A spiritual journey that is at once funny and profound, reverent and irreverent, personal and universal and will make you see history's most influential book with new eyes.



Jentz, Terri.

Strange Piece of Paradise.

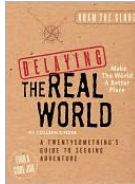
This is a startling profile of a psychopath, a sweeping reflection on violence and the myth of American individualism, and a moving record of Jentz's brave inner journey from violence to hope.



Kidder, Tracy.

Mountains Beyond Mountains: The Quest of Dr. Paul Farmer, A Man Who Would Cure the World.

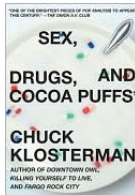
This powerful and inspiring book shows how one person can make a difference, as Kidder tells the true story of a gifted man who is in love with the world and has set out to do all he can to cure it.



Kinder, Colleen.

Delaying the Real World: A Twentysomething's Guide to Seeking Adventure *Roam the Globe*Find a Cool Job*Make the World a Better Place.

Congratulations - you've finished school. But if you're not sure you're ready to settle down into an office environment, *Delaying the Real World* is chock-full of creative ideas and practical information that will help you craft your own life-changing adventure.



Klosterman, Chuck.

Sex, Drugs, and Cocoa Puffs : A Low Culture Manifesto.

Klosterman attacks the entire spectrum of postmodern America: reality TV, Internet porn, Pamela Anderson, literary Jesus freaks, and the real difference between apples and oranges (of which there is none). And don't even get him started on his love life and the

whole Harry-Met-Sally situation.



Krakauer, Jon.

Into the Wild.

In April 1992, a young man from a well-to-do family hitchhiked to Alaska and walked alone into the wilderness north of Mt. McKinley. He had given \$25,000 in savings to a charity, abandoned his car and most of his possessions, burned all the cash in his wallet and invented a life for himself. Four months later, his decomposed body was found by a moose hunter.



Larson, Erik.

The Devil in the White City.

An architect and a murderer at the 1893 Chicago World's Fair.

Maas, Dr. James B.

Power Sleep. The Revolutionary Program that Prepares Your Mind for Peak Performance.

Dr. James B. Maas, a pioneer of sleep research at Cornell University, has created an easy, drug-free program to improve your body and mind for an alert and productive tomorrow.



Max, Tucker.

I Hope they Serve Beer in Hell.

Irreverent adventures of a vile, repulsive, repugnant, foul creature.



Mundy, Liza.

Everything Conceivable. How Assisted Reproduction is Changing Men, Women, and the World.

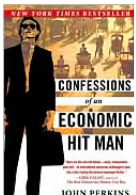
Award-winning journalist Liza Mundy captures the human narratives, as well as the science, behind the controversial, multibillion-dollar fertility industry, and examines how this huge social experiment is transforming our most basic relationships and even our destiny as a species.



O'Brien, Tim.

The Things They Carried.

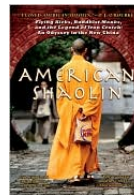
In 1979, Tim O'Brien's *Going After Cacciato* -- a novel about the Vietnam War -- won the National Book Award. In this, his second work of fiction about Vietnam, O'Brien's unique artistic vision is again clearly demonstrated. Neither a novel nor a short story collection, it is an arc of fictional episodes, taking place in the childhoods of its characters, in the jungles of Vietnam and back home in America two decades later.



Perkins, John.

Confessions of an Economic Hit Man.

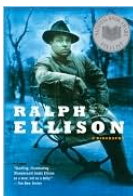
Perkins, a former chief economist at a Boston strategic-consulting firm, confesses he was an "economic hit man" for 10 years, helping U.S. intelligence agencies and multinationals cajole and blackmail foreign leaders into serving U.S. foreign policy and awarding lucrative contracts to American business.



Polly, Matthew.

American Shaolin: Flying Kicks, Buddhist Monks, and the Legend of Iron Crotch: An Odyssey in the New China.

Bill Bryson meets Bruce Lee in this raucously funny story of one scrawny American's quest to become a kung fu master at China's legendary Shaolin Temple.



Rampersad, Arnold.

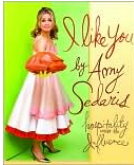
Ralph Ellison. A Biography.

The definitive biography of one of the most important American writers and cultural intellectuals of the twentieth century—Ralph Ellison, author of the masterpiece *Invisible Man*.



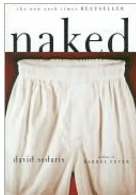
Ruiz, Miquel. *The Four Agreements. A Practical Guide to Personal Freedom*

Based on ancient Toltec wisdom, the Four Agreements offer a powerful code of conduct that can rapidly transform our lives to a new experience of freedom, true happiness, and love.



Sedaris, Amy. *I Like You : Hospitality Under the Influence.*

Are you lacking direction in how to whip up a swanky soiree for lumberjacks? A dinner party for white-collar workers? A festive gathering for the grieving? Don't despair. Take a cue from entertaining expert Amy Sedaris and host an unforgettable fete that will have your guests raving.



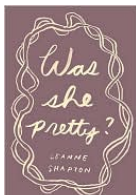
Sedaris, David. *Naked.*

This remarkable journey into his own life follows a path of self-effacement and a lifelong search for identity, leaving him both under suspicion and overdressed.



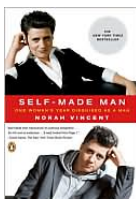
Seierstad, Asne. *The Bookseller of Kabul.*

This is the intimate portrait of a man of principle and of his family—two wives, five children, and many relatives sharing a small four-room house in this war ravaged city. But more than that, it is a rare look at contemporary life under Islam, where even after the Taliban's collapse, the women must submit to arranged marriages, polygamous husbands, and crippling limitations on their ability to travel, learn and communicate with others.



Shapton, Leanne. *Was She Pretty?*

A singular exploration of modern love and all its demons, in words and drawings.



Vincent, Norah. *Self-Made Man: One Woman's Year Disguised as a Man.*

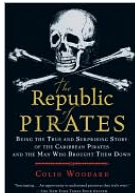
Her take on just how hard it is to be a man, even in a man's world



Walker, Rebecca.

Black, White & Jewish: Autobiography of a Shifting Self.

The story of a child's unique struggle for identity and home when nothing in her world told her who she was or where she belonged.



Woodard, Colin.

Republic of Pirates: Being the True and Surprising Story of the Caribbean Pirates and the Man Who Brought Them Down.

The true story of the rise and fall of the Republic of Pirates.